

# Milton Academy Track & Field

## Top 10 All-time List

### Running Events

Men's					Women's						
	Name	Hand	FAT	Year		Name	Hand	FAT	Year		
<b>100m</b>	<b>SR</b>	<b>Ryan, R.</b>	<b>10.99s</b>	<b>11.23FAT</b>	<b>2004</b>	<b>100m</b>	<b>SR</b>	<b>Bloom, E.</b>	<b>12.3s</b>	<b>12.54s</b>	<b>2008</b>
2		Evans, C.	11.09s	11.33s	1990			<b>Anderson, S</b>			<b>1989</b>
3		Heard, A.	11.1s	11.34s	1993	2		Wosornu, Y.	12.4s	12.64s	1996
		Amen, O.	11.18s	11.42FAT	2001	3		Wosornu, E.	12.5s	12.74s	1996
4		Role, A. N.	11.18s	11.42FAT	1997			Cross, A.			1993
5		Lamont, C.	11.2s	11.44s	2007			Jones, L.			1984
		Turcotte, P.			1991	4		Delany, C.	12.59s	12.83FAT	2002
		Rhodes, L.			1985	5		Keefe, B.	12.6s	12.84s	1993
		Cope			1983			MacDonald, T.			1991
6		Collins, K.	11.3s	11.54s	1996			deLima, J.			1986
		Dunn, R.			1983			Rhodes, L.			1985
		Ouellette			1979	6		Wendell, E.	12.84s	13.08FAT	1998
7		Dugger, C.	11.31s	11.55FAT	1998	7		Mobley, E.	13.0s	13.24s	1984
8		Lima, A.	11.4s	11.64s	2008	8					
9		Simmons, T.	11.58s	11.82FAT	2002	9					
10		Alston-Moore, A.	11.60s	11.84FAT	2008	10					
<b>200m</b>	<b>SR</b>	<b>Klinkhoff, J.</b>	<b>22.0s</b>	<b>22.24s</b>	<b>2002</b>	<b>200m</b>	<b>SR</b>	<b>Jones, L.</b>	<b>25.5s</b>	<b>25.74s</b>	<b>1984</b>
2		Heard, A.	22.3s	22.54s	1993	2		Wosornu, E.	26.1s	26.34s	1996
3		Evans, C.	22.5s	22.74s	1990	3		Goldkamp, A.	26.2s	26.44s	1992
		Rhodes L.			1986			Rhodes, L.			1985
4		Longus, O.	23.20s	23.10FAT	2004	4		Anderson, S.	26.28s	26.52FAT	2005
5		Cope	22.9s	23.14s	1983	5		Delany, C.	26.40s	26.64FAT	2002
6		Dugger, L.	22.97s	23.21FAT	2000	6		Wendell, E.	26.4s	26.64s	1996
7		Role, A. N.	23.02s	23.26FAT	1997			Conway, M.			1989
8		Richardson	23.0s	23.24s	1975	7		Barkowski, S.	26.59s	26.83FAT	2008
9		Lamont, C.	23.1s	23.34s	2007	8		Izuchi, A.	26.7s	26.94s	2002
		Collins, K.			1996	9		Rodriquez, P.	26.8s	27.04s	1993
10		Torrico, J.	23.2s	23.44s	1985			deLima, J.			1988
		Dunn, R.			1983	10		Hart, S.	26.94s	27.18FAT	2008
<b>400m</b>	<b>SR</b>	<b>Klinkhoff, J.</b>	<b>48.8s</b>	<b>49.04s</b>	<b>2002</b>	<b>400m</b>	<b>SR</b>	<b>Goldkamp, A.</b>	<b>59.1s</b>	<b>59.34s</b>	<b>1994</b>
2		Child, J.	50.0s	50.24s	1983			Conway, M.			1990
3		Dugger, L.	50.20s	50.44FAT	2000	2		Izuchi, A.	59.8s	60.04s	2002
4		Rhodes, L.	50.8s	51.04s	1987	3		Schultz, C.	59.89s	60.13FAT	2000
5		Haley, B.	50.9s	51.14s	1986	4		Wendell, E.	60.3s	60.54FAT	1996
6		Cote, C.	51.21s	51.45FAT	2008	5		Jabouin, P.	60.4s	60.64s	1986
7		Heard, A.	51.3s	51.54s	1991	6		Jones, L.	61.7s	61.94s	1984
8		Jackson, D.	51.6s	51.84s	1988	7		Rodriquez, P.	62.0s	62.24s	1993
9		Whelan, S.	51.9s	52.14s	1983	8		Nutt-Birigwa, M.	62.19s	62.43FAT	2000
10		Garfield, D.	52.3s	52.54s	1986	9		Irving, O.	62.28s	62.52FAT	2008
						10		Rhodes, L.	62.4s	62.64s	1986

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<b>800m</b>	<b>SR</b>	<b>Haley, B.</b>	<b>1:57.5s</b>	<b>1:57.74s</b>	<b>1986</b>	<b>800m</b>	<b>SR</b>	<b>Perini, K.</b>	<b>2:15.6s</b>	<b>2:15.84s</b>	<b>1984</b>
2		Child, J.	1:58.7s	1:58.94s	1983	2		Smith, S.	2:22.9s	2:23.14s	1985
3		Sugrue, E.	1:59.6s	1:59.84s	1984	3		Jabouin, P.	2:23.4s	2:23.64s	1988
4		Miller	2:01.4s	2:01.64s	1984	4		Pauli, D.	2:23.99s	2:24.23FAT	2001
5		Delfs, M.	2:01.73s	2:01.97FAT	1998	5		Schultz, C.	2:25.93s	2:26.17FAT	2002
6		McGuise	2:02.9s	2:03.14s	1991	6		Gottesdiener, L.	2:26.01s	2:26.25FAT	2004
7		Robertson, A.	2:03.3s	2:03.54s	1988	7		Bekker	2:27.0s	2:27.24s	1996
		Kaye, A.			1986	8		McGuinness, M.	2:28.4s	2:28.64s	2001
8		Mokoena, T.	2:04.3s	2:04.54s	1989	9		Starmer, E.	2:31.0s	2:31.24s	1996
9		Helm, P.	2:04.9s	2:05.14s	1992	10		Dolan, J.D.	2:31.6s	2:31.84s	1991
		Morss, A.			1991						
		Josias, C.			1988						
10		Collins, S. W.	2:05.45s	2:05.69FAT	2008						
<b>1500m</b>	<b>SR</b>	<b>Child, J.</b>	<b>4:07.3s</b>	<b>4:07.54s</b>	<b>1983</b>	<b>1500m</b>	<b>SR</b>	<b>Perini, K.</b>	<b>4:35.1s</b>	<b>4:35.34s</b>	<b>1984</b>
2		Miller	4:09.3s	4:09.54s	1984	2		Smith, S.	4:43.8s	4:44.04s	1985
3		Kaye, A.	4:10.7s	4:10.94s	1986	3		Bentley, E.	4:47.0s	4:47.24s	1996
4		Isaacson, D.	4:11.2s	4:11.44s	1991	4		Jabouin, P.	4:55.8s	4:56.04s	1988
5		Wales-Dinan, P.	4:13.13s	4:13.37FAT	2001	5		Gottesdiener, L.	4:58.25s	4:58.49FAT	2004
6		Young, R.	4:14.3s	4:14.54s	1987	6		Tse, A.	5:02.42s	5:02.66FAT	2000
7		Rasin, S.	4:14.4s	4:14.64s	1996	7		Johannsen	5:02.7s	5:02.94s	1995
8		Sugrue, E.	4:18.2s	4:18.44s	1983	8		Pauli, D.	5:04.40s	5:04.64FAT	2001
9		Quinn, G.	4:18.9s	4:19.14s	1988	9		Brown, R.	5:05.4s	5:05.64s	1995
10		Marr, J.	4:19.0s	4:19.24s	1979	10		Grinstead, M.	5:05.63s	5:05.87FAT	1998
<b>3000m</b>	<b>SR</b>	<b>Young, R.</b>	<b>9:04.2s</b>	<b>9:04.44s</b>	<b>1987</b>	<b>3000m</b>	<b>SR</b>	<b>Perini, K.</b>	<b>9:55.1s</b>	<b>9:55.34s</b>	<b>1984</b>
2		Bell, S.	9:14.0s	9:14.24s	1982	2		Smith, S.	10:25.5s	10:25.74s	1985
3		Isaacson, D.	9:23.7s	9:23.94s	1991	3		Tse, A.	10:44.29s	10:44.53FAT	2000
4		Campbell, J.	9:24.8s	9:25.04s	1988	4		Bentley, E.	10:49.0s	10:49.24s	1996
5		Marr, J.	9:26.0s	9:26.24s	1979	5		Grinstead, M.	10:59.05s	10:59.29FAT	1998
6		Lawrence, M.	9:28.7s	9:28.94s	1984	6		Johannsen	11:09.9s	11:10.14s	1995
7		Wales-Dinan, P.	9:30.06s	9:30.30FAT	2000	7		Gottesdiener, L.	11:10.25s	11:10.49FAT	2004
8		Amezcuca, A.	9:36.2s	9:36.44s	1995	8		Kettle, E.	11:27.0s	11:27.24s	1991
9		Rodgers, M.	9:42.0s	9:42.24s	1984			Nuzum, C.			1991
10		Rasin, S.	9:42.10s	9:42.34FAT	1998	9		Brown, R.	11:27.7s	11:27.94s	1995
						10		Chander, G.	11:46.5s	11:46.74s	1989

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### Running Events

#### 110m High Hurdles

SR		<b>Chung</b>	<b>15.0s</b>	<b>15.24s</b>	<b>1985</b>
2	Lingos-Webb, J.	15.05s		15.29FAT	2004
3	Cahners, J.	15.2s		15.44s	1992
4	Fogelquist, T.	15.6s		15.84	1988
	Onyeagoro, I.				1985
	Conant, B.				1980
5	Smith, J.	15.84s		16.08FAT	2000
6	Cheigh, B.	15.97s		16.21FAT	1996
7	Rubin, P.	16.0s		16.24s	1989
8	Adair, B.	16.1s		16.34s	1988
	Jean-Baptiste, A.				2007
9	Kirton, D.	16.3s		16.54s	1987
10	Shipman, J.	16.32s		16.56FAT	2002

#### 100m High Hurdles

SR		<b>Millet, W.</b>	<b>15.2s</b>	<b>15.44s</b>	<b>1986</b>
2	Friedman, L.	15.5s		15.74s	1984
3	Reid, J.	15.79s		16.03FAT	2008
4	Ford, K.	16.0s		16.24s	1996
5	Decker, R.	16.4s		16.64s	1989
6	Steimle, E.	16.5s		16.74s	1994
	Steimle, K.				1992
7	Steele, H.	16.8s		17.04s	1993
	Kretchmar, H.				1990
8	Kennedy, R.	16.96s		17.20FAT	2004
9	Cinelu, A.	16.98s		17.22FAT	1999
10	Donovan, D.	17.2s		17.44s	1984

#### 300 IM Hurdles

SR		<b>Onyeagoro, I.</b>	<b>40.8s</b>	<b>41.04s</b>	<b>1985</b>
2	Bead, V.	40.9s		41.14s	1989
3	Cahners, J.	41.05s		41.29s	1992
4	Cheigh, B.	41.56s		41.80FAT	1996
5	Smith, J.	41.59s		41.83FAT	2000
6	Mountain, K.	41.7s		41.94s	2007
7	Rubin, P.	41.9s		42.14s	1989
	Fogelquist, T.				1988
	Conant, B.				1980
8	Lingos-Webb, J.	42.28s		42.52FAT	2003
9	Sheftel, M.	42.5s		42.74s	1995
10	Adair, B.	42.6s		42.84s	1988

#### 300 IM Hurdles

SR		<b>Reid, J.</b>	<b>46.98s</b>	<b>47.22FAT</b>	<b>2008</b>
2	Steimle, E.	47.5s		47.74s	1994
3	Friedman, L.	47.9s		48.04s	1984
3	Steimle, K.	48.1s		48.34s	1992
4	Cinelu, A.	48.22s		48.46FAT	1999
5	Ford, L.	48.58s		48.72FAT	1997
6	Bliss, R.	49.53s		49.77FAT	2001
7	Mobley, E.	49.8s		50.04s	1986
8	Steele, H.	49.9s		50.14s	1994
9	Ford, K.	50.0s		50.24s	1996
10	Kretchmar, H.	50.1s		50.34s	1985