

Milton Academy Track & Field

Top 10 All-time List

Relay Events

Men's

400m Relay

	Names	Hand	FAT	Year
SR	A. Heard, M. Kirschner, P. Turcotte, C. Evans V. Bead, D. Jackson, P. Turcotte, C. Evans	43.9s	<i>44.14s</i>	1991 1990
2	R. Ryan, J. Lingos-Webb, O. Longus, T. Simmons V. Bead, D. Jackson, C. Yip, C. Evans	<i>44.5s</i>	44.74 FAT	2003 1989
3	A. Lima, J. Williams, K. Unwala, A. Alston-Moore	<i>44.54s</i>	44.78FAT	2008
4	R. Ryan, T. Simmons, O. Longus, J. Klinkhoff	<i>44.58s</i>	44.82FAT	2002
5	P. Buntaine, R. Ryan J. Klnikhoff, O. Amen	<i>44.94s</i>	45.18FAT	2001
6	K. Collins, A. Role, T. Chen, L. Haverty	45.0s	<i>45.24s</i>	1996
7	T. Lee, J. Williams C. Lamont, A. Jean-Baptiste	<i>45.10s</i>	45.34FAT	2007
8	A. Lima, A. Alston-Moore C. Cote, J. Williams	45.3s	<i>45.54s</i>	2008
9	O. Amen, J. Smith, R. Flynn, L. Dugger	45.4s	<i>45.64s</i>	2000
10	R. Ryan, B. Mountain, R. LaForce, J. Lingos-Webb	45.52	45.76FAT	2005

Women's

400m Relay

	Names	Hand	FAT	Year
SR	B. Keefe, E. Wosornu, Y. Wosornu, E. Wendell	49.9s	<i>50.14s</i>	1996
2		<i>50.15s</i>	50.39 FAT	1997
3	J. Reid, S. Barkowski, S. Hart, E. Bloom	<i>50.26s</i>	50.50FAT	2008
4	S. Anderson, E. Bloom, A. Hardy, A. Jean-Baptiste	<i>50.84s</i>	51.08FAT	2005
5		51.4s	<i>51.64s</i>	1992
6		<i>51.47</i>	51.71FAT	1998
7		51.5s	<i>51.74s</i>	1993
8		51.6s	<i>51.84s</i>	1994
9	K. Ford, E. Steimle B. Keefe, Y. Wosornu	51.7s	<i>51.94s</i>	1995
10	C. Walters-Wallace, A. Asare, C. Dugger, C. Delany	<i>51.82s</i>	52.06FAT	2001

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	Names	Hand	FAT	Year
SR	R. Dunn, Cope, S. Whalen, J. Child	3:28.2s	<i>3:28.44s</i>	1983
2	C. Evans, E. Ngwenya, J. Cahners, A. Heard	3:28.5s	<i>3:28.74s</i>	1991
3	A. Heard, V. Bead, C. Evans, D. Jackson	3:30.64s	<i>3:30.88s</i>	1990
4	C. Cote, A. Alston-Moore, A. Lima, R. Edwards	<i>3:30.80s</i>	3:31.04FAT	2008
5	E. Ngwenya, D. Sigourney, D. McGuire, Riley	3:33.8s	<i>3:34.04s</i>	1992
6	R. Ryan, T. Madore, J. Shipman, J. Klinkhoff	3:35.0s	<i>3:35.24s</i>	2002
7	O. Amen, T. Madore, J. Shipman, J. Klinkhoff	<i>3:35.32s</i>	3:35.56FAT	2001
8	C. Cote, K. Mountain, J. Williams, R. Bailey	3:37.3s	<i>3:37.54s</i>	2007
9	C. Evans, Mokoena, J. Tosteson, D. Jackson	3:37.5s	<i>3:37.74s</i>	1989
10	Ryan, Och, Dennis, Longus	<i>3:38.28s</i>	3:38.52FAT	2004

Women's

1600m Relay

	Names	Hand	FAT	Year
SR	K. Nimmo, O. Irving, S. Hart, S. Barkowski	4:08.13s	4:08.37FAT	2008
2	E. Bondaryk, C. Dugger, C. Delany, U. Izuchi	<i>4:09.58s</i>	4:09.82FAT	2001
3	K. Ford, E. Wendell, E. Wosornu, M. Riley	4:10.0s	<i>4:10.24s</i>	1996
4	J. Mittelman, L. Gottesdiener, C. Schultz, U. Izuchi	<i>4:10.70s</i>	4:10.94FAT	2002
5	E. Starmer, ?, ?, A. Goldkamp	4:11.3s	<i>4:11.54s</i>	1994
6	E. Starmer, E. Wendell, E. Wosornu, M. Riley	4:12.0s	<i>4:12.24s</i>	1996
7		<i>4:12.40s</i>	4:12.64FAT	1998
8		<i>4:12.81s</i>	4:13.05FAT	1999
9	E. Bondaryk, K. Sims, M. Nutt-Birigwa, C. Schultz	<i>4:15.96s</i>	4:16.20FAT	2000
10	?, K. Steimle, ?, ?	4:18.2s	<i>4:18.44s</i>	1992